

## EMS Therapy versus Magnet Therapy

Viofor uses electro magnetic field therapy, which is very different from magnet therapy. Magnets offer limited benefits due to delivering static localized frequency whereas EMS therapy, via a sophisticated computer processor and coils, produces a magnetic field similar to the earth's magnetic field and delivers a range of pulsed frequencies to the body at a cellular level to boost reparation, vitality and circulation.

*"I had osteoarthritic pain to my left knee which made mobility and day to day living uncomfortable. I also have problems with anxiety, for which I am on daily medication. Through my course of treatment I have noticed that the pain has reduced and I have to take less analgesia just to be able to undertake my job. I have greater range of movement and more freedom to love life. I am also beginning to enjoy walking again, and with a dog that is a big part of my and her, life. I have also felt the ability to reduce the medication that I have been taking for years, for my anxiety and am hoping to be completely off them soon." Mrs I*

*"My MRI Scans confirmed my worst fears, that I had multiple problems in my lumbar back. Whilst the scans outlined why I was suffering such severe pain, there was little or no medical remedy for my situation. I was finding it almost impossible to walk up a hill and at times I would have little to no movement from the waist down. After attending my local practitioner in the area of Magnetostimulation, I decided to purchase the Viofor JPS home system. After using the Viofor JPS System once, walking up a hill was no longer a problem. With continuous use of the System my condition continues to improve. I also find it a great energy booster. Yes I can honestly say that the Viofor JPS system will remain and continue to be part of my life." Mrs B D*

## The Viofor JPS system

The Viofor JPS system used in the EMS Pain Relief Sanctuary is a fully certified system for rehabilitation and therapy. The system is classified as a medical product class 11a-annex 1X, Rule 9 and conforms in all essentials with Council Directive 93/42/EEC on medical devices. CE0120.

The system we use is the only one in the UK to be EU certified and has won prestigious medical innovation awards across Europe.

## Susanna Priest

Susanna has had over six years' experience working with EMS therapy. The majority of her patients have had arthritis, dermatology, pain, back and joint conditions.

Susanna has also worked in a major London NHS Hospital on the wards and for the Outpatients in the Dermatology Lymphatic Department. She has also worked in the Oncology department as a therapist for M'Technique Massage for pre and post operative 'in' and 'out' patients at Cheltenham General Hospital.

## Other therapies

- Manual Lymphatic Drainage (MLD)
- Decongestive Lymphoedema Therapy (DLT) - combined MLD and Multi-layer lymphoedema Bandaging (MLLB)
- M' Technique
- Dielectric Resonance (Theragem)



## Clinics

### Nailsworth

EMS Pain Relief Sanctuary  
Suite 2, 2 Market Street  
Nailsworth, Stroud GL6 0BX  
Entrance is on the A46

### Cheltenham

The Isbourne Holistic Centre  
4 Wolseley Terrace  
Cheltenham GL50 1TH

### Bristol

Whiteladies Health Centre  
Whately Road, Clifton  
Bristol BS8 2PU  
Easy parking 11am-4pm

### Mobile service

Mobile therapy at home  
service available

Maps and directions to the clinics can be viewed at

[www.centre4health.co.uk](http://www.centre4health.co.uk)

Email: [susanna@centre4health.co.uk](mailto:susanna@centre4health.co.uk)

01453 836230 / 07867 934677

Please remember that all pre and post-operative therapies should be discussed with the surgeon directing your treatment. A therapy is not a substitute for medical treatment.



## ELECTRO MAGNETIC THERAPY (EMS)

- Arthritis
- Back and joint pain
- Stiffness
- Pain relief
- MS
- Dermatological conditions

[www.centre4health.co.uk](http://www.centre4health.co.uk)

01453 836230 / 07867 934677



## EMS therapy

EMS is a non-invasive, drug free therapy that works alongside existing treatments you may have. It works with the body's natural frequencies. No wires, probes or electric shocks, just a warm room, with soft gentle music is played. Susanna's patients often fall asleep.

## How EMS works

**Bioenergetics** - what arthritis sufferers need is for cells to be repaired and replaced and the synovial fluid restored. The bioenergetics action of the treatment, which increases nutrition to the cells, ensures that they divide and grow to their full capacity. As a result, healing is much faster.

**Biochemical** - arthritis sufferers also need all their joints to be rebuilt as much as possible. EMS treats the whole body before specialising in arthritic areas.

**Bioelectric** - ideally, a healthy cell should resonate at 60mV. Through sickness, the cell potential can be reduced to around 40mV. After treatment, the bioelectric potential is increased so that the cells start to work more efficiently. This leads to improved sensory function and mobility.

**Electrodynamics and Ionic Cyclotron Resonance** - Ionic Cyclotron Resonance is the whole essence of how the therapy works. These two functions work together they are responsible for moving fluid in the body and more fluid allows the synovial fluid to be rejuvenated. Also, faster delivery of blood allows faster movement of fluids which leads in turn to a reduction in swelling.

**Magnet mechanic** - this promotes the destruction of unwanted free-radicals. In addition, it generates currents within the joints, managing ion movement in and around cells, allowing debris to be cleared within the affected joints.

## Osteoarthritis and Rheumatoid arthritis

**Osteoarthritis (O/A)** is caused by general wear and tear, the breakdown and eventual loss of the cartilage that serves as a cushion between the joints. This is a gradual process, so recommend therapy as the onset occurs, as Viofor results are quicker. EMS can improve mobility, reduce pain and swelling of individual joints in a natural, on-invasive, side effect free-way.

Results of treatment in clinical trials...

One of the most rewarding areas for the application of the LFMF. In the study of 259 patients 97% benefited from the treatment. 23% registering disappearance of symptoms, 49% showing substantial improvement and 25% improvement. 2% showed no change and 1% showed deterioration.

**Rheumatoid Arthritis (R/A)** can affect any person at any age. It is the body's own immune system mistakenly attacking the joints, surrounding tissue and organs of the body, resulting in hot, swollen and painful joints. We are not claiming to cure Arthritis and cannot eliminate the naturally degenerative process of the body.

Results of treatment in clinical trials...

Is more difficult to treat but the results are also very good. In latest study of 55 patients 2% showing disappearance of symptoms, 40% making substantial improvement, 53% showing improvement and 5% staying the same. Nobody deteriorated.

REFERENCES: Sieron A., Sieron-Stoltny K., Biniszewicz T., Stanek A., Stoltny T., Biniszewicz K., Analiza skuteczności terapeutycznej magnetostymulacji systemem Viofor JPS w wybranych jednostkach chorobowych. Poland.

## Back, joint pain, stiffness and pain relief

Managing pain, whether acute pain or nagging discomfort, is essential. EMS therapy effectiveness in pain management and the results are well documented. Along with managing pain, the reduction of swelling is important - EMS therapy promotes rapid healing by mobilising the body's resources, which in turn helps to increase mobility. The low level electromagnetism works as an analgesic, anti-inflammatory and relaxant.

## MS

The benefits of the treatments can include improved pain and bladder control, mobility (numbness and stiffness), balance and vision.

See references, under 'Doctor' section, on my web site:  
[www.centre4health.co.uk](http://www.centre4health.co.uk)

## Dermatological conditions

Conditions such as grazes, acne and psoriasis can also benefit. Light assisted LFMF therapy, can increase greatly the efficiency of treating soft tissue and skin inflammation, as in bedsores, burns and psoriasis. In study of 920 patients the treatment with LFMF always considerable improved speed and quality of recovery with 50% reduction of conditions leading to permanent disability.

REFERENCES: Sierbiuk W.W., Giercien I.G., Krylow H.L., Szeliakowski M.W., Rucki W., Uszakow A.A., Alyszev W.A., Wiaznikow A.L., Rojzin W.L. Prieduprezhdenije I lechenije gnojnych oslozenij otrkrytych povrezhdenijj kostiej I sustawow. Russia.

## Treatment session

The actual treatment takes place on an electromagnetic bed and is split into two parts. During the first part the whole body is treated on a full bed. During the second part the most affected body part is selected and a specialised smaller appliance is used.

One session takes around half an hour. The person treated stays fully clothed throughout. The treatment is totally painless and free of any side effects, and it is safe because no foreign bodies are introduced and the magnetic induction is low.

We believe that the JPS system we use is the only clinically tried and tested therapy available on the market today that does not produce negative side effects, making it the most effective way of creating a better quality of life by vastly improving mobility, reducing pain and swelling of individual joints in a natural side effect free way. Provision of substantial pain relief accompanies the treatment for many conditions.

## What will I feel during treatment?

Most people feel nothing more than slight warmth from the equipment. Occasionally minor tingling sensations are felt in the extremities or other areas of the body. People with painful conditions can have a slight increase in the amount of pain that they feel, but this will only last for one to three sessions. After this the analgesic effect of the equipment starts to work and pain is very much lessened. Many people report a feeling of well-being after just a few treatments.